



# Beth Israel Congregation

## High Holiday Guide

2019 ~ 5780



# HIGH HOLIDAY SCHEDULE

## **Erev Rosh Hashanah: Sunday, September 29**

**4:00 p.m.** Erev Rosh Hashanah Family Celebration

**7:30 p.m.** Maariv Service followed by Dessert Reception

## **Rosh Hashanah, First Day: Monday, September 30**

**8:00 a.m.** Shahaarit Service

**10:00 a.m.** Children's Programs K - 5 / 6th - 8th Grade

**4:00 p.m.** Tashlich at Rav Nadav's home

**7:00 p.m.** Minchah and Maariv

## **Rosh Hashanah, Second Day: Tuesday, October 1**

**8:00 a.m.** Shahaarit Service

**10:00 a.m.** Children's Programs K - 5

**7:00 p.m.** Minchah and Maariv

## **Erev Yom Kippur - Kol Nidre: Tuesday, October 8**

**6:45 p.m.** Kol Nidre

**6:45 p.m.** 9th - 12th Grade Service (downstairs)

**10 Minutes after the conclusion of Kol Nidre Services -**  
An Opportunity for Meditation (GSAC 2010 Washtenaw)

## **Yom Kippur: Wednesday, October 9**

**8:00 a.m.** Shahaarit Service

**10:00 a.m.** Children's Programs K - 5 / 6th - 8th Grade

**11:00 a.m.** (approximately) Yizkor (memorial) service

**2:00 p.m.** Study session led by Rav Nadav

**3:00 p.m.** Group Discussion

**4:30 p.m.** Minchah followed by Neilah (closing) service

**7:30 p.m.** Break the Fast with Light Refreshments

# HIGH HOLIDAY INFORMATION

## Hachnasat Orchim – Creating a welcoming environment

Rosh Hashanah and Yom Kippur bring with them many memorable traditions and practices. Each Congregation has its own unique customs for the High Holidays; and so it is appropriate to familiarize those of you who are new to Beth Israel, and remind those of you who are "veterans," about our services and programs for Rosh Hashanah and Yom Kippur. As a growing congregation, each of us has a part in making all feel part of our family. We encourage you to greet people you don't know to make everyone feel as comfortable and welcome as possible.

## Tickets and Outside Ushers

With increased attention to security, everyone entering must have a ticket. The ushers have a master list of all congregants and guests. If your practice is not to carry objects during the holidays, please ask the usher to look your name up on the security list. This year we have again contracted with the Ann Arbor police to provide an onsite security presence.

Tickets are sent to all members in good standing during the week of September 16th. This means that:

- The 2019-2020 dues pledge form is received before September 16th, along with first payment for all fees and dues.
- All past year(s) dues, tuition, and event balances are paid, or other arrangements made.

If you have made prior special arrangements and have shown good faith in your agreement, you are considered in good standing. **No one will be denied tickets due to financial constraints.**

## Tickets for Members' Out Family Members and Non Members

Tickets are provided to out of town guests who are relatives of members in good standing at the cost of \$72 per holiday. Non members may purchase tickets to specific holidays (\$180 per person per holiday or \$272 per person for both holidays), and this fee is applied towards a membership pledge if submitted by January 1, 2020. The deadline for non member tickets is Friday, September 27, at 12:00 p.m. for Rosh Hashanah and Monday, October 7, at 12:00 p.m. for Yom Kippur.

## Members who will be out of town – Reciprocal Arrangements with Other Congregations

We have a reciprocal arrangement with other Congregations. Any member in good standing from another congregation who wishes to attend services at Beth Israel should contact the Beth Israel office for the appropriate forms.

If you plan to be out of town for the High Holidays and wish to attend services at another congregation, please call or e-mail the Beth Israel office. Once we receive your 2019-2020 pledge form and required payments, we will mail, fax, or email a letter to that congregation indicating that you are a member in good standing at Beth Israel. Reciprocity forms are available on the Beth Israel website at [www.bethisrael-aa.org](http://www.bethisrael-aa.org).

## **Decorum**

The High Holidays are known as "*Yamim Noraim*," Days of Awe. The solemnity of the season is reflected in the synagogue, where we strive for an atmosphere conducive to prayer and introspection. We therefore ask that people refrain from entering and leaving the Sanctuary during high points in the service, including the *Torah service* (except between portions), the *Amidah (silent prayer)*, the *Kedusha*, the *Shofar service*, *Yizkor*, and the **rabbi's sermon**. Our volunteer ushers are there to assist you.

We hope that an atmosphere of holiness will permeate our synagogue. Please be responsible for your children's behavior at all times – this is not the time or place for loud boisterous behavior. Their safety and the well-being of the congregation require your assistance.

Please see the enclosed sheet for details on youth programming and childcare.

## **Seating**

There are no assigned seats at Beth Israel. Please do not save seats past 9:00 a.m.

## **Supervision of Children**

We encourage children in grades K - 8 to participate in our children's programs. They may also sit with their parents in the Sanctuary. For their own security and safety, children may not be left unsupervised at any time.

## **Infants and Parent/Child Room**

The synagogue library will be reserved for feeding and diapering of infants throughout the holidays. A parent/child room is available on the lower level for parents and children who need a break during services. Toys, books, and snacks are provided.

## **Fragrances**

Many congregants are allergic or sensitive to fragrances and perfumes. Please refrain from using them before attending services.

## **Parking Waiver**

The city of Ann Arbor has lifted time restrictions on parking during the High Holiday services on Berkshire, Devonshire, Austin, and Norway. Please post a copy of the traffic control order on your inside windshield.

## **Special Accommodations**

Beth Israel offers:

- Assisted listening devices
- Large print books and magnifying devices
- Spaces for wheelchairs
- Handicap parking - limited - with special request.

Please inform the office if you need any of the above.

## **Entrance and Exit**

All those attending are asked to enter through the main doors at the front of the building. When dropping your child off at childcare downstairs, please exit the downstairs and re-enter through the main doors.

## **Emergencies**

Please contact an usher if you need assistance. Ushers will be wearing nametags for easy identification.

## **Participation in Services (“Honors”)**

Our High Holiday observances are made so much more meaningful with your participation.

A number of options for participation are available either on Rosh Hashanah or Yom Kippur including: being called to the Torah for an Aliyah, opening/closing the Ark, carrying the Torah, raising (*Hagbah*) or dressing (*G'lilah*) the Torah scrolls, assisting the Torah reader (*Gabbai*) or reading a prayer in English.

If you are interested in participating, or know someone else who might be, please contact Lisa Bernstein, Vice President of Religious Affairs, no later than August 30th, either by sending back the enclosed form, or by leaving her a message at the synagogue office (665-9897).

## **Ushers - Volunteers Are Needed**

Over 75 members of our Congregation volunteer to serve as ushers during the High Holidays, helping to welcome, assist, and maintain the dignity and decorum of the services. If you were one of those ushers in past years, we sincerely thank you for giving your time.

If you would be willing to spare a bit of your time davening to usher, please visit our online signups at [www.bethisrael-aa.org](http://www.bethisrael-aa.org) (under Events) or call Paul Shifrin at (248) 514-7276, or e-mail him at [paul.shifrin@gmail.com](mailto:paul.shifrin@gmail.com). Please specify your time preferences. Paul will try to accommodate all time requests.

## **Additional Forms**

Additional copies of all High Holiday forms are available on the Beth Israel website.

## **ROSH HASHANAH SERVICES**

***Erev Rosh Hashanah:  
Rosh Hashanah Family Celebration  
Beth Israel Courtyard  
Sunday, September 29 at 4:00 p.m.***

The Erev Rosh Hashanah Family Celebration (not a service) will be led by Rav Nadav. The program is geared towards preschool children through 4th grade and their parents, but all ages are welcome.

***Erev Rosh Hashanah Service and Reception - Sunday, September 29 at 8:00 p.m.***

The service will include special musical selections and will be followed by our annual Rosh Hashanah reception. This is a wonderful time to renew acquaintances and make new friends over refreshments.

***Rosh Hashanah, First and Second Days: Monday and Tuesday, September 30 and October 1 - 8:00 a.m.***

***Tashlich at Rav Nadav's Home- Monday, September 30 at 4:00 p.m.***

*Tashlich* is the traditional ceremony of casting crumbs into the river, symbolically enabling us to consider our actions of the past year and our hopes for the New Year. Join us at Rav Nadav's home (485 Riverview Dr., Ann Arbor) for Tashlich.

***Minchah and Maariv, First and Second Days: Monday and Tuesday, September 30 and October 1 - 7:00 p.m.***

**Kever Avot (Annual Memorial Service) -  
Beth Israel Garden at Arborcrest Memorial Park  
Sunday, October 6 at 10:00 a.m.**

This is a service in memory of those who are interred in the cemetery and offers us all an opportunity to pay tribute to those who have contributed so much to our lives, and to the life of this community.

# YOM KIPPUR SERVICES

## ***Kol Nidre - Tuesday, October 8 at 6:45 p.m.***

See the enclosed Youth Programming sheet for details about our High School program.

Once again this year, we will be participating in a food and personal care items collection and program which is being sponsored by the United Synagogue and Mazon. We ask you to bring a bag of non-perishable food and/or personal care items which we will transport to a local food pantry. Items can also be dropped off the week before. We also ask you to remember to make a contribution to Mazon, a national Jewish organization which helps deliver food to the hungry. Donations to Mazon can be made on their website at [www.mazon.org](http://www.mazon.org).

## ***An Opportunity for Meditation***

Ten minutes following Kol Nidre services, you are invited to join fellow congregants at the Garfunkel Scheingart Activity Center for a quiet contemplation session.

## ***Yom Kippur Service and Yizkor - Wed., October 9 at 8:00 a.m., approximately 11:00 a.m. for Yizkor***

### ***Yom Kippur Study Session, 2:00 p.m. (approximately)***

### ***Yom Kippur Group Discussion, 3:00 p.m.***

During our break before Minchah, we will have a study session led by Rav Nadav. The group discussions will follow at 3:00 p.m. The details for these groups will be announced before Yom Kippur.

## ***Yom Kippur Minchah and Neilah, 4:30 p.m.***

The afternoon of Yom Kippur is a highlight of the ritual year at Beth Israel. Minchah includes the chanting of the book of Jonah and opportunities for reflection.

Immediately following Minchah, during Neilah, the concluding service, families join together for a remarkably lively service (considering the fast) of song and prayer. During Neilah, flowers are distributed, another Beth Israel tradition.

We follow Neilah with the brief Maariv service for the next day and then hear the sounding of the Shofar with many shofarot. If you have a shofar and would like to participate, please bring your shofar to Kol Nidre services and leave it in Rav Nadav's office.

## ***Break the Fast, following the Shofar***

### **Customs on Yom Kippur**

Please note that it is customary to wear a *Tallit* for the Kol Nidre Service. You may see a number of people who wear tennis shoes on this holiday. This halachic tradition reflects an ancient custom that equated the wearing of leather shoes with arrogance and a desire for unnecessary comfort.

שנה טובה!



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